



WEEK TWO – LUNCH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
Lunch Main Course	Lunch Main Course	Lunch Main Course	Lunch Main Course
Homemade sweet and sour chicken Wholemeal savoury rice Oriental vegetable stir fry Beans/spaghetti	Homemade fish pie Homemade spaghetti carbonara Garlic bread Peas and sweet corn	Homemade Chicken Casserole Cous Cous Homemade wholemeal tomato pasta Carrots/green beans	Roast Pork Dinner Homemade wholemeal broccoli pasta Cabbage/cauliflower
SALAD	SALAD	SALAD	SALAD
Bar	Bar	Bar	Bar
JACKET POTATO Coleslaw Chicken tikka	Chicken mayo wrap and tomato wedges	JACKET POTATO Tuna Cheese	Tuna Pitta bread with Cucumber
DESSERT	DESSERT	DESSERT	DESSERT
Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Fresh Fruit Yoghurts	Homemade Apple Pie and custard