

Week One Lunch Menu

Monday	Tuesday	Wednesday	Thursday
MAIN Sweet Chilli Kebabs, beef fried rice, noodles, wraps	MAIN Curry & rice, marinated chicken, sweet potato fries, peas	MAIN Lasagne, garlic ciabatta bread, tuna pasta	MAIN Roast Dinner
SALAD Choice of salad from the salad bar with fresh meats, cheese and tuna	SALAD Choice of salad from the salad bar with fresh meats, cheese and tuna	SALAD Choice of salad from the salad bar with fresh meats, cheese and tuna	SALAD Choice of salad from the salad bar with fresh meats, cheese and tuna
JACKET POTATO With choice of fillings			
SWEET Fresh Berries, yoghurt, fruit			